

# YOUR CHEAT SHEET:

## The BEST Questions to Ask at an Orthodontic Consultation



### DR. EXPERIENCE/CREDENTIALS

- How long have you been in practice?
- Are you board certified by the American Board of Orthodontics?
- Do you have testimonials or references from past patients?



### RECOMMENDED TREATMENT

- What is the scope of the treatment plan?
- When is the most optimal time for my child to begin treatment?
- What exactly needs to be done?
- What are my options?
- What are the consequences if I don't do this treatment now?
- Do you provide myofunctional therapy (*tongue, lip, and swallow training*)?  
Is there a charge for this service?



### TIMING

- How long will the entire process take?
- How frequent will the visits be?



### FINANCES

- How much will this cost?
- How is my treatment cost determined?
- What does the quote include?
- Are there additional fees during the treatment? (*retainers, emergency visits, X-rays*)
- What insurance plans do you accept?
- Can you provide a payment plan to fit into my budget? (*a lower down payment, extended payment term, lower monthly payments*)



### TECHNOLOGY

- What technology have you invested in to improve efficiencies in treatment?  
(*shortening treatment time, reducing office visits, providing more stable results*)
- Do you have 3D Xray imaging?



### OFFICE SPECIFICS

- What are your hours?
- What days are you in what offices? (*if there is more than one location*)



### KIDS

- What programs do you have for the kids to encourage good oral hygiene at home?
- What kinds of programs, events or contests do you provide for the kids to have fun?